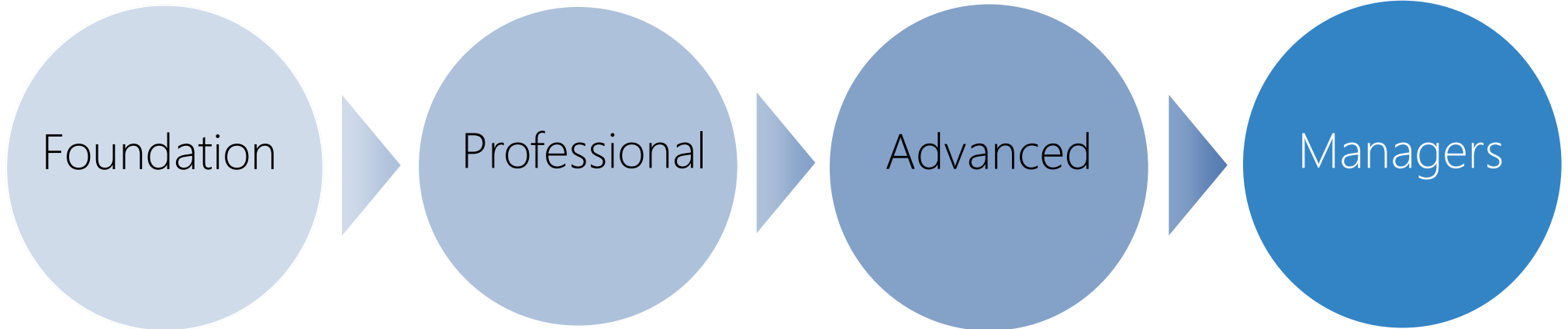


Mental Health learning pathway



Understanding and promoting mental health and wellbeing
Module 1 - eLearning

Recognising Mental Health issues - Intervention and referring
Module 2 - eLearning

Children and Young Peoples Mental Health
Module 3 - eLearning

Self Harm - eLearning (coming soon)

Impact of Adult Mental Health on Children and Young People
- 1/2 day workshop

Collaborative working with Children and Young People with MH Issues
- 1/2 day Workshop

Initial assessment & intervention
Module 4 - eLearning

Intervention and the 5 ways to wellbeing
Module 5 - eLearning

Parental Mental Health: Supporting Wellness, Recovery and Access to Services
- 1 day workshop

ESSCP : Introduction to Self-Harm, Young People and the East Sussex Multi-Agency Protocol
- 1 day workshop

SWIFT self help guides available on Single Source

Perinatal Mental Health - 1/2 day

Connected Practice Thematic Workshops - 1 day (4 in total)

How to book

Book onto training currently available on the ESLP:

COURSE

ELEARNING

To view a webinar recording click below once logged in.

WEBINAR

If a specific course title is not available for booking contact [CWEvents](#) for further details.